

Health and Wellbeing Board

MINUTES of the OPEN section of the Health and Wellbeing Board held on Monday 29 January 2018 at 10.00 am at Ground Floor Meeting Room G02C - 160 Tooley Street, London SE1 2QH

PRESENT: Councillor Peter John OBE (Chair)
Dr Jonty Heaversedge
Councillor Maisie Anderson
Kevin Fenton
Eleanor Kelly
Councillor Richard Livingstone
Gordon McCullough
Councillor Victoria Mills
Councillor David Noakes
David Quirke-Thornton

ALSO PRESENT Ross Graves, (Observer)
Ms Zoe Reed, South London and Maudsley

OFFICER SUPPORT: Everton Roberts, Principal Constitutional Officer

1. APOLOGIES

Apologies for absence were received from Andrew Bland, Sally Causer, Nick Moberly, Dr Matthew Patrick, Carole Pellicci and Dr Yvonneke Roe.

2. CONFORMATION OF VOTING MEMBERS

Those members listed as present were confirmed as the voting members for the meeting.

3. NOTIFICATION OF ANY ITEMS OF BUSINESS WHICH THE CHAIR DEEMS URGENT

There were no late items.

4. DISCLOSURE OF INTERESTS AND DISPENSATIONS

There were no disclosures of interests or dispensations.

5. MINUTES

RESOLVED:

That the minutes of the meeting held on 30 November 2017 be agreed as a correct record and signed by the chair.

PRESENTATION FROM INVITED SPEAKER

The board received a presentation from Zoe Reed, Director of Organisation and Community & Freedom to Speak Up Guardian, South London and Maudsley NHS Foundation Trust.

Ms Reed has been leading on South London and Maudsley's work with local black and minority ethnic communities, including engagement with Black Thrive in Lambeth and in the extension of that model to the other boroughs SLAM serves.

Ms Reed's presentation was on promoting equality in Mental Health. She acknowledged that promoting equality in mental health was a broad agenda but she particularly wanted to focus on equality for black and minority ethnic people.

Ms Reed's presentation is viewable on the council website alongside the published agenda.

6. SOUTHWARK JOINT MENTAL HEALTH AND WELLBEING STRATEGY 2018 - 2021 (CABINET REPORT OF 23 JANUARY 2018)

Councillor Richard Livingstone, cabinet member for adult care and financial inclusion introduced the report. He informed the board that the cabinet had made a few corrections/ amendments to the report strategy document. Amendments set out below:

- Page 11 of the report document Financial Landscape table (correction) – there was an asterisk missing which needed to be inserted next to the total figure [*£5,539,000] relating to the Child and Adolescent Mental Health Services (CAMHS) – this explained the split of the total mental health spend from the CCG and the council.
- Under 'Community-based support for people with complex needs' The following was added to the end of the last paragraph (page 31 of the report document) 'As part of developing our action plan, mental health services will improve partnership working with SASBU (Southwark anti-Social Behaviour Unit) to support communities to be safe and well.'
- The following was added at the end of first paragraph (page 32 of the report document) 'The strategy action plan will further focus on activities to support Southwark schools in eliminating any stigma associated with mental health amongst pupils. This will put in place a framework for managing and supporting young people with mental health conditions at the earliest stage possible

recognising the life journey of Southwark residents.

Councillor Livingstone stressed that a lot of hard work had taken place to get to this point. The strategy set out a very clear way forward in relation to the 5 strategic priorities and areas of action identified.

Professor Fenton reported that the council and the CCG had worked collaboratively on this strategy. It was cutting edge in its ability to think about integrating prevention, early intervention and high quality care for individuals dealing with mental health and mental ill health issues but also the antecedent factors which may be driving those issues. The strategy had been developed through considerable consultation with the community, people with lived experiences as well as providers across Southwark.

Professor Fenton stressed that there were some major challenges across Southwark, not only with increasing prevalence incidents and burden of mental ill-health within the local population, but also that these burdens were not randomly distributed. There were sub sectors of the local communities which were disproportionately affected. Therefore when considering the mental health and wellbeing strategy it was important to think about approaches across the board for all residents, and to be clear about ways in which those disproportionately affected could be targeted.

Professor Fenton also stressed that it was really important to look at organisational competence for the delivery of the strategy and was pleased to see that the strategy was very strong in its governance that had been and would be established to ensure the implementation of the strategy.

A number of points were made by the members of the board:

- How can more be done in the workplace in relation to health, for which a large proportion of local residents work.
- Work carried out by Healthwatch found that young people want increased support around mental health issues, but from professionals, rather than teachers.
- Healthwatch interested in being involved with review of the strategy process particularly around crisis care.
- Secondary schools have fragmentation of wellbeing support available to young people in the borough – need schools commitment of whole systems support to enable young people to get swift access to professional support. Challenge is to get the funding allocated to secondary schools for emotional health and wellbeing invested in a whole system that supports young people in secondary schools and their families.
- Most recent version of population segmentation model to be circulated

RESOLVED:

That the Southwark joint mental health and wellbeing strategy (2018 – 2021) be noted.

7. PLEDGING SUPPORT FOR THE LONDON MAYOR'S HEALTH INEQUALITIES STRATEGY

Councillor Maisie Anderson, Cabinet Member for Public Health and Social Regeneration

introduced the report. The board also heard from Professor Kevin Fenton, Director of Health and Wellbeing.

Councillor Anderson reported that the Strategy had been published in draft form in August 2017 for consultation. The council responded in November 2017 with views and examples of what the council considered to be good practice in Southwark and also how the council as a local authority could help the mayor to achieve more in this area.

Councillor Anderson highlighted that the Mayors draft strategy really emphasised a 'health in all policies' approach which she felt very much reflected what is done in Southwark, both in terms of the council's public health work and in the new work on social regeneration. She advised that the strategy focuses on 5 key areas, healthy children, health minds, healthy places, healthy communities and healthy habits which she felt was a very forward looking approach and very helpful. The next step with the strategy development was that the mayor was looking for pledges from partners. Councillor Anderson explained the rationale behind each pledge.

Professor Fenton stressed that he wanted the Southwark pledges to lead across London. He felt that the proposed pledges did address the wider determinants of inequalities but that he wanted to hear from members of the board.

A number of points were made by the members of the board:

- Long term study on regeneration and impact on existing communities should be carried out.
- Should be specific pledge around young people as there are so many inequalities that can be experienced at such an early age.
- Mental health first aid training and the broader first aid training really important and should be extended to the communities, not just be made responsibility of employers. Possibly some work for the voluntary sector.

RESOLVED:

1. That the Council's response to the London Mayor's Health Inequalities Strategy be noted.
2. That the pledges contained in paragraph 9 of the report and set below be made in support of the London Mayor's Health Inequalities Strategy:
 - i. **We will create healthy places, ensuring regeneration works for everyone, to improve health and wellbeing** – Southwark Council is committed to ensuring that regeneration works for everyone in Southwark and will develop a social regeneration framework together with NHS, local business and the VCS to make this happen.
 - ii. **We will promote and ensure equitable access to physical activity in our free swim and gym programme** – Southwark Council will continue to support Free Swim and Gym in the borough and NHS and VCS partners will signpost residents to the service.
 - iii. **We will maximise opportunities to promote mental health and resilience to our staff and communities** – Southwark Council and CCG will work

together to provide the opportunity of mental health promotion training to front line staff across the partnership system.

- iv. **We will tackle the devastating physical and mental health inequalities caused by diabetes** – Southwark CCG, Council and local partners have committed to reducing the incidence, prevalence and complications of type 2 diabetes - a common long term condition estimated to affect up to 10% of Southwark residents, but especially the most disadvantaged, and ethnic minorities. The CCG pledges to continue to invest in the diabetes prevention programme.
- v. **We will strengthen the measurement, tracking and reporting of the impact of our actions to reduce inequalities** – Community Southwark will work with Southwark Council and the VCS Sector to develop and agree indicators that impact positively on reducing health inequalities.

3. That the wording of the pledges be strengthened.

4. That an additional pledge be made specific to Children and Young People.

8. FIVE YEAR FORWARD VIEW

Councillor Richard Livingstone, Cabinet Member for Adult Care and Financial Inclusion gave a verbal update on the progress of the 5 year forward view.

Councillor Livingstone reported that a lot of work on integration and the forward view had been undertaken over the last year, and that it was now time to consider whether that forward view describes how we get the best value for every pound spent in Southwark on health and social care, whether there needed to be greater emphasis on practical changes to better enable joint commissioning and whether it will better enable Southwark people to engage in a conversation about what this means for them, their families and communities.

Councillor Livingstone reported on progress made on the Integration and Planning Delivery Group (IPDG), formed in March last year, established to look at how the council and the CCG could work better together around integrating health and social care. Its vision was about setting out a clear framework for improving the every day experience of life and the outcome of Southwark residents, particularly focussing on doing things differently, addressing complex and long standing issues, putting in place plans of support that support change so that local people receive a more co-ordinated care and experience better outcomes. The forward view was a starting point for this.

Councillor Livingstone advised that the IPDG had been meeting monthly and was alternately chaired by him and Richard Gibbs, vice chair of the Clinical Commissioning Group board. The group had been very productive in taking issues forward. The main piece of work that they reached a conclusion on was about how we can have a shared vision, who the people are in terms of the population of Southwark and how the local authority can interact with them. An example of this was contained in the joint mental health and wellbeing strategy (page 57) which sets out the work done on population segmentation and understanding the communities and building on this to work more effectively.

Councillor Livingstone reported that he and officers had visited and had conversations with

a number of local authorities exploring good practice. Officers went to Stockport in October and in November went to visit East Sussex. Conversations had also been had with Torbay and North East Lincolnshire Councils about their experiences as well.

The aim was to get to a point at least in some areas to have joint budgeting between the council and the CCG and probably looking towards having this in place in the 2019/20 financial year and using the 2018/19 year as a shadow working year. Consideration was also being given to the governance structure for the joint arrangements.

The final workshop was taking place in February.

9. IMMUNISATION PROGRAMMES IN SOUTHWARK - ANNUAL REPORT 2016/17

Kevin Fenton, Director of Health and Wellbeing introduced the report. The board also heard from Sarah Robertson, Head of Programmes, Health Protection.

RESOLVED:

1. That the report be noted.
2. That an update report be brought back to the health and wellbeing board once the strategy is in place.

10. TACKLING UNHEALTHY WEIGHT IN SOUTHWARK - UPDATE

Councillor Maisie Anderson, Cabinet member for Public Health and Social Regeneration introduced the report.

RESOLVED:

1. That the update and progress report on the delivery of the Southwark Healthy Weight Strategy 'Everybody's Business' be noted.
2. That the actions, including the enhanced offer for schools and for geographical parts of the borough with higher obesity rates (paragraph 20 – 28 of the report) be noted and agreed.
3. That the offer of healthy weight training as part of a Making Every Contact Count approach that will be introduced in April be noted and a commitment be made ensuring that the relevant front line staff will undergo the training.
4. That it be noted that an Expert Challenge Panel will be held in Autumn and that a report of the findings will be made back to the health and wellbeing board.

11. ALCOHOL ACTION PLAN 2017 - 2020

Councillor Maisie Anderson, Cabinet Member for Public Health and Social Regeneration introduced the report.

RESOLVED:

That the Southwark Alcohol Action Plan 2017 -20 be noted and approved.

12. HEALTH AND WELLBEING BOARD - THEMES AND ITEMS FOR FUTURE BOARD MEETINGS

Professor Kevin Fenton, Director of Health and Wellbeing introduced the item.

Professor Fenton explained that the different format for the meeting, built upon work undertaken over the last 3 months, looking at the health and wellbeing board and its effectiveness. The first action was to look at how the board was structured to ensure that there was time to hear from key strategic partners working in Southwark to highlight some of the big challenges that are being faced as a borough and to use that as a fulcrum to discuss some of the work that is being done both in the CCG and the council.

Second key development was the need to review the governance for the health and wellbeing board which was being lead in partnership by Stephen Gaskell, Head of the Chief Executive's Office and Doreen Forrester Brown, Director of Law and Democracy, the idea here was to ensure that 4 – 5 years after the creation of the health and wellbeing board and given the other governance structures which exist between the council and the CCG that it was clear what the board was supposed to be doing, how it relates to those other governance groups and how the board can maximise its effectiveness.

A third element was reviewing the membership of the board, to look at who else should be around the table, and to ensure that the board is rich, diverse and as focussed on improving the health and wellbeing over the local communities as it needs to be.

Professor Fenton advised that for the March meeting of the board, the theme would be on 'shaping place for health' and would provide an opportunity to reflect on some of the social regeneration work, the Southwark Conversation which had just been completed and his first Annual Public Health report which was on shaping place for health.

OTHER BUSINESS

Sexual Transmitted Infections and Access to Services

Councillor David Noakes, opposition spokesperson for health raised an issue in relation to sexual transmitted infections and access to services.

He reminded the board that end of last year the health and wellbeing board received a comprehensive report on sexually health which had been a positive report, particularly in relation to HIV figures and teenage pregnancies, but at the time he had expressed some concern about the situation with other sexually transmitted infections. He report that he has since come across some more up to date information which went to GSTT board which shows that over last 6 months (April to September 2017) that, chlamydia,

gonorrhoea and syphilis are all on the rise. He raised concern about closure of some of the clinics across London, and reported that in Southwark alone almost 12,000 patients were unable to access services on their day of attendance over the last 6 months. He requested that a report come back to the board in the next 6 months on STI figures and access. He stressed that there was a danger in relation to people struggling to be able to get access to services and this was even with the availability of home testing kits.

It was agreed that a report be brought back to the health and wellbeing board.

The meeting ended at 12.00 pm

CHAIR:

DATED: